



Heywood Community School

Ballinakill, Co. Laois.

Tel: 057-8733333

E-mail: admin@heywood.ie Web: www.heywood.ie

Roll No: 91427C
Charity No: 20205218

RSE Letter to Parents/Guardians of TY and 5th Year Students

December 20th 2023.

Dear Parent/Guardian,

As you are aware, part of the Social, Personal and Health Education programme (SPHE) involves Relationship and Sexuality Education (RSE). In the school setting, it is an integral part of general education provision, which seeks to promote the overall development of the person and which includes the integration of sexuality into personal understanding, growth and development.

All TY and 5th year students will undertake a module of Relationships and Sexuality Education beginning January 2024.

This module will address:

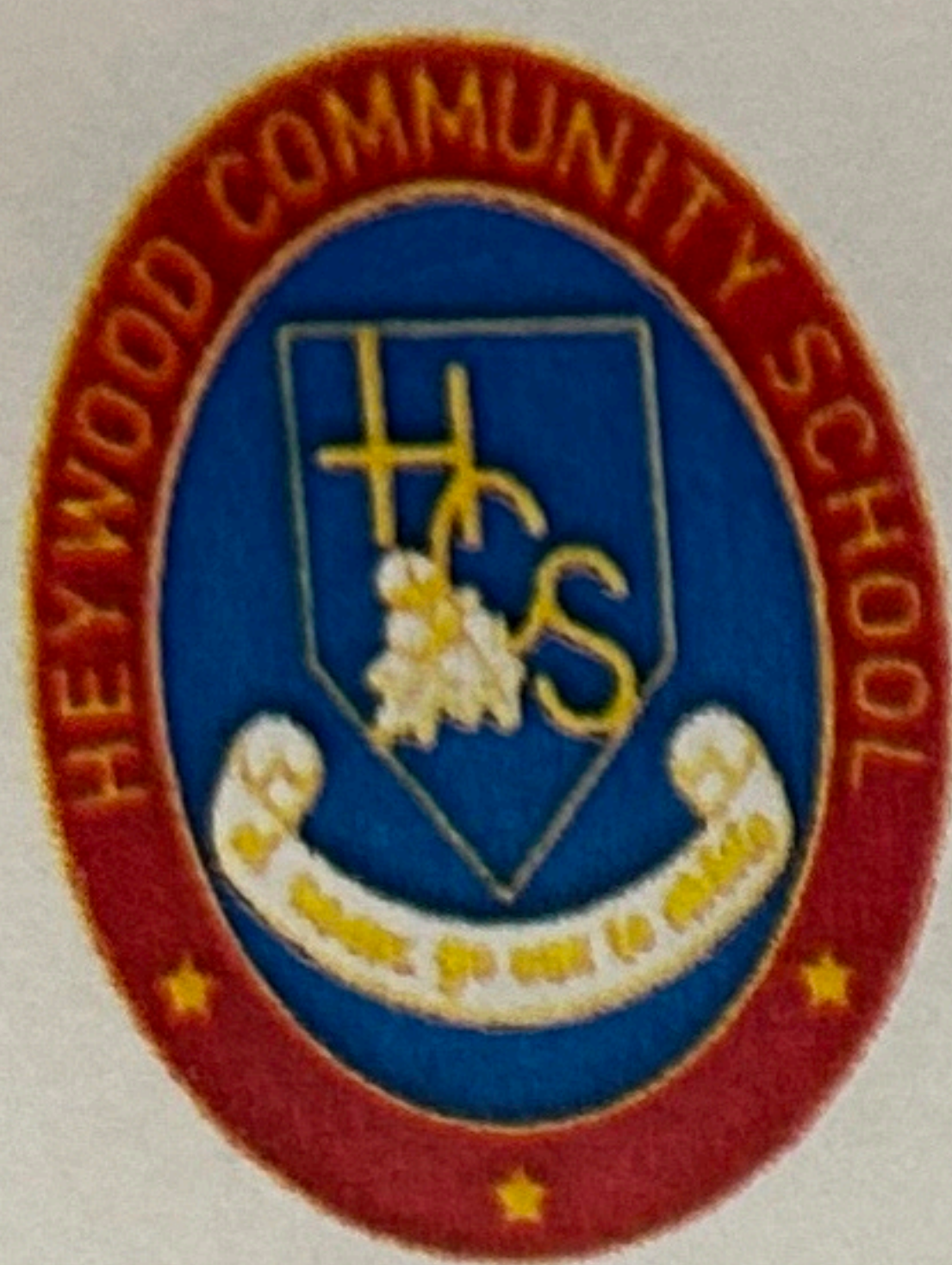
- Healthy relationships, self-esteem and communication.
- Taking time to think about sexuality, sexual orientation and decision making.
- Sexual health.

As this module will be addressed in school, it provides an opportunity for you to discuss the topic of adolescent development and relationships with your son/daughter. Should you require any further information on the Relationships and Sexuality Education programme, please do not hesitate to contact me.

Kindest regards,

Afra O' Malley (SPHE Co-Ordinator)

Mary Harrington (Deputy Principal)



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RSE Letter to Parents/Guardians of Second Year Students

December 20th 2023.

Dear Parent/Guardian,

As you are aware, part of the Social, Personal and Health Education programme (SPHE) involves Relationship and Sexuality Education (RSE). In the school setting, it is an integral part of general education provision, which seeks to promote the overall development of the person and which includes the integration of sexuality into personal understanding, growth and development.

All second-year students will undertake a module of Relationships and Sexuality Education beginning January 2024.

This module will address:

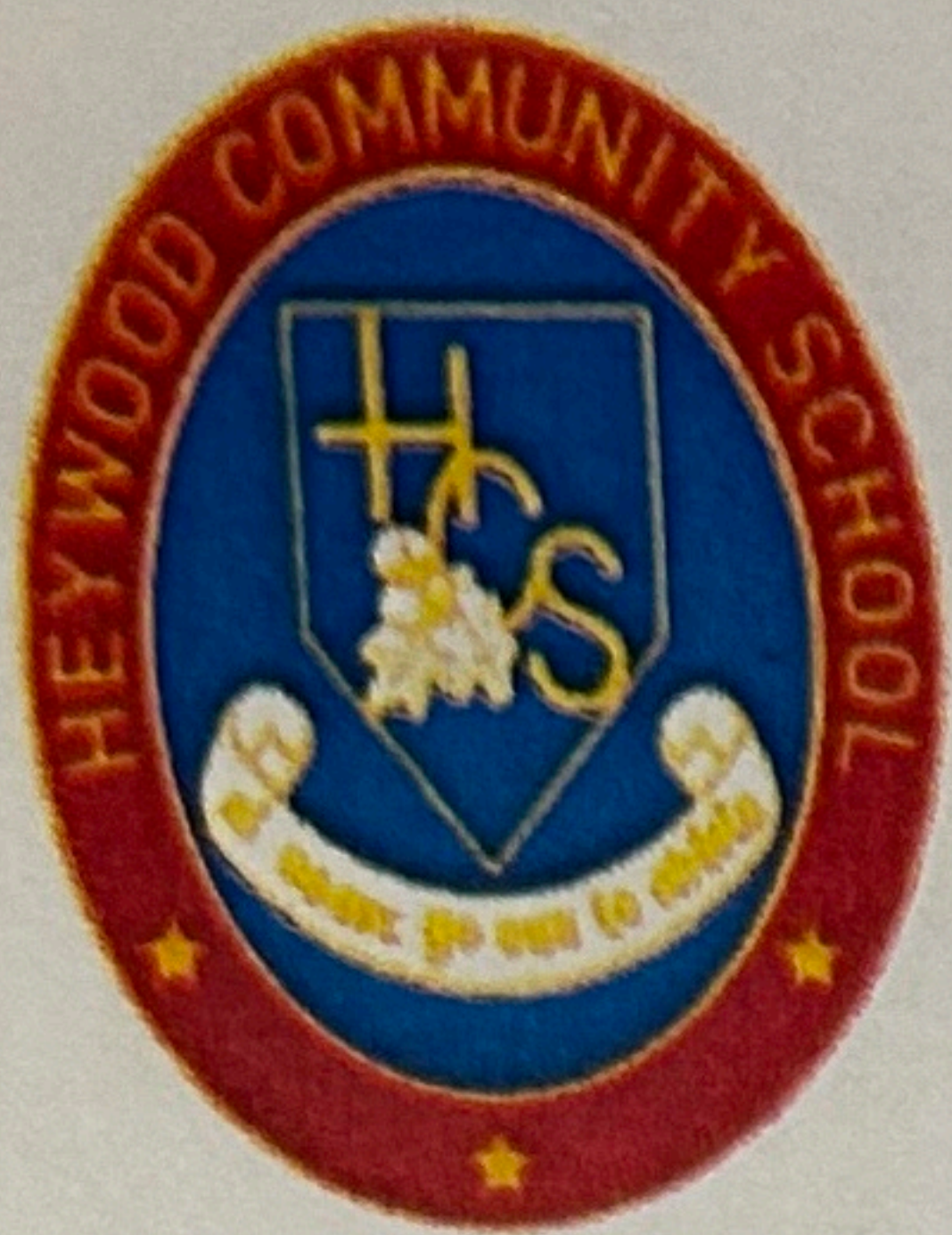
- The relationships spectrum, setting boundaries and everyday consent.
- From conception to birth.
- Sexual orientation and gender identity.

As this module will be addressed in school, it provides an opportunity for you to discuss the topic of adolescent development and relationships with your son/daughter. Should you require any further information on the Relationships and Sexuality Education programme, please do not hesitate to contact me.

Kindest regards,

Afra O'Malley (SPHE Co-Ordinator)

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RSE Letter to Parents/Guardians of First Year Students

December 20th 2023.

Dear Parent/Guardian,

As you are aware, part of the Social, Personal and Health Education programme (SPHE) involves Relationship and Sexuality Education (RSE). In the school setting, it is an integral part of general education provision, which seeks to promote the overall development of the person and which includes the integration of sexuality into personal understanding, growth and development.

All first-year students will undertake a module of Relationships and Sexuality Education beginning in January 2024.

This module will address:

- **Reproductive Health** – Male and female reproductive systems.
Adolescence to Parenthood (how pregnancy begins).
- **Gender Studies** – Gender roles and Stereotypes.
Sexual orientation.

As this module will be addressed in school, it provides an opportunity for you to discuss the topic of adolescent development and relationships with your son/daughter. Should you require any further information on the Relationships and Sexuality Education programme, please do not hesitate to contact me.

Kindest regards,

Afra O' Malley (SPHE Co-Ordinator)

Mary Harrington (Deputy Principal)