



Heywood Community School

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RSE Letter to Parents/Guardians of Third Year Students

February 23rd 2023

Dear Parent/Guardian,

As you are aware, part of the Social, Personal and Health Education programme (SPHE) involves Relationship and Sexuality Education (RSE). In the school setting, it is an integral part of general education provision, which seeks to promote the overall development of the person and which includes the integration of sexuality into personal understanding, growth and development.

All third year students will undertake a module of Relationships and Sexuality Education beginning in March 2023.

This module will address:

- Sex, Sexuality and Sexual Health - What's the Difference?
- Sexual Consent and the Law
- Sexually Transmitted Infections
- Media Influences on Relationships and Sexuality

As this module will be addressed in school, it provides an opportunity for you to discuss the topic of adolescent development and relationships with your son/daughter. Should you require any further information on the Relationships and Sexuality Education programme, please do not hesitate to contact me.

Kind regards,

Afra O' Malley (SPHE Co-Ordinator)

Mary Harrington (Deputy Principal)