



We challenge people to look at themselves, to believe that they are worthwhile and that they have a special contribution to make. We focus on the gold within and encourage people to discover and see that gold in themselves and in others. The young people who participate on Meitheal come from all walks of life and different situations. Young people are treated as equals and discover that they have got something to offer and that (others) their own peers can see good things about themselves and that its okay to be ME.

Meitheal is also about the people in my group knowing who I am, knowing that I care. Our Meitheal group and the 1st years' experience the warmth, friendship and encouragement we have to offer and know that we are honest with one another.

Our Meitheal Programme is designed to educate and empower young people in Heywood. The Meitheal team meet regularly with the first years.

The first years are given the opportunity to take part in fun games organised by the Meitheal group.

Who are the Meitheal Leaders?

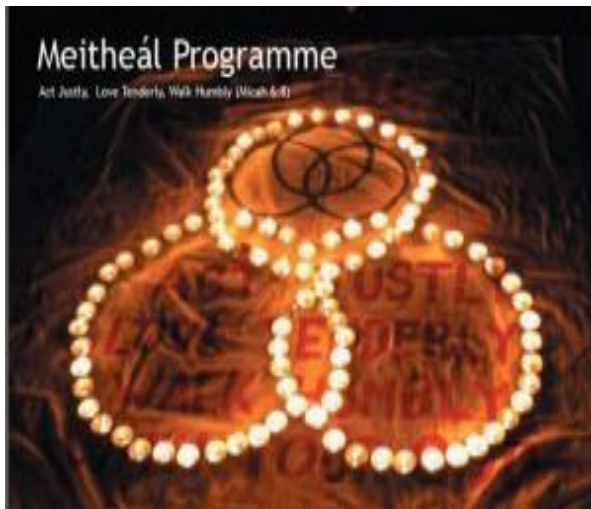
The Meitheal leaders are chosen at the end of fifth year and they complete a week of training with the diocese. A vibrant team spirit is created and the group try to pass this onto the first years through their work with them.

The Meitheal Team of 2020-2021 include:

Jamie Drury, Amy Fitzpatrick, Chloe Drennan, Natasha Dunne, Odhran Delaney, Lottie O Toole, Ciaran Hayden, Katelyn Doran, Abbey Harding and Emily Mulhall.

The team works together to make Heywood an enjoyable place for all.

MEITHEAL PROGRAMME
in
Heywood Community School



Act Justly
Love Tenderly
Walk Humbly with
Your God.
(Micah 6:8)

What is Meitheal?

Meitheal is a youth leadership programme organised by the Kildare and Leighlin diocese.

The Meitheal programme has been run in Heywood Community School for over 14 successful years.

Ten trained sixth year students are the Meitheal leaders.



They take care of a first year class with whom they meet on their first day in Heywood.

The leaders help the first years settle in and meet with them regularly throughout the year. Activities and events for the first years are organised by the Meitheal leaders.

The first years get the opportunity to discuss any problems or issues they may have in the school. The Chaplain of the school, Ms. Killeen, provides a link between the Meitheal leaders and the school management.